

Summer 2009 Weight Room Schedule

6:30- 8:00 AM			4:30 PM
1-Jun	M		Ames 3:00
2-Jun	T		Ames 5:30
3-Jun	W		Ames 3:00
4-Jun	Th		Ames 5:30
5-Jun	F		Ames 5:30
8-Jun	M		Ames 5:30
9-Jun	T		Ames 3:00
10-Jun	W		Ames 5:30
11-Jun	Th		Ames 3:00
12-Jun	F		Ames 5:30
15-Jun	M		Ames 5:30
16-Jun	T		Ames 5:30
17-Jun	W	Mr. Stacy?/Kurz	Ames 5:30
18-Jun	Th	Mr. Stacy?/Kurz	Ames 5:30
19-Jun	F	Mr. Stacy?/Kurz	Ames 3:00
22-Jun	M	Mr. Kurz	Mr. P Ames
23-Jun	T	Mr. Kurz	Mr. P Ames
24-Jun	W		Mr. P Ames
25-Jun	Th		Mr. P Ames
26-Jun	F		Mr. P Ames
29-Jun	M	Mr. Kurz	Mr. P Ames
30-Jun	T	Mr. Kurz	Mr. P Ames
1-Jul	W	Mr. Kurz	Mr. P Ames
2-Jul	Th	Mr. Kurz	Mr. P Ames
3-Jul	F		Mr. P Ames
6-Jul	M	Mr. Kurz	Mr. P Ames
7-Jul	T	Mr. Kurz	Mr. P Ames
8-Jul	W	Mr. Kurz	Mr. P Ames
9-Jul	Th	Mr. Kurz	Mr. P Ames
10-Jul	F	Mr. Kurz	Mr. P Ames

6:30- 8:00 AM			4:30 PM
13-Jul	M	Mr. Kurz	Mr. P Ames
14-Jul	T	Mr. Kurz	Mr. P Ames
15-Jul	W	Mr. Kurz	Mr. P Ames
16-Jul	Th	Mr. Kurz	Mr. P Ames
17-Jul	F	Mr. Kurz	Mr. P Ames
20-Jul	M	Mr. Kurz	Mr. P Ames
21-Jul	T	Mr. Kurz	Mr. P Ames
22-Jul	W	Mr. Kurz	Mr. P Ames
23-Jul	Th	Mr. Kurz	Mr. P Ames
24-Jul	F	Mr. Kurz	Mr. P Ames
27-Jul	M	Mr. Kurz	Mr. P Ames
28-Jul	T	Mr. Kurz	Mr. P Ames
29-Jul	W	Mr. Kurz	Mr. P Ames
30-Jul	Th	Mr. Kurz	Mr. P Ames
31-Jul	F	Mr. Kurz	Mr. P Ames
3-Aug	M	Mr. Kurz	Mr. P Ames
4-Aug	T	Mr. Kurz	Mr. P Ames
5-Aug	W	Mr. Kurz	Mr. P Ames
6-Aug	Th	Mr. Kurz	Mr. P Ames
7-Aug	F	Mr. Kurz	Mr. P Ames
10-Aug	M		Mr. P Ames
11-Aug	T		Mr. P Ames
12-Aug	W		Mr. P Ames
13-Aug	Th		Mr. P Ames
14-Aug	F		Mr. P Ames
17-Aug	M	Mr. Kurz	Mr. P Ames
18-Aug	T	Mr. Kurz	Mr. P Ames
19-Aug	W	Mr. Kurz	Mr. P Ames
20-Aug	Th	Mr. Kurz	Mr. P Ames
21-Aug	F		Mr. P Ames

*Shane, Patrick, Webb:
We're going pay to open the
weight room four mornings
and four evenings per week
during the summer for 90 minutes.
You three have indicated the strongest
interest in opening the weight room.

Please fill out when you can open it up
and get it back to me.

Also, please indicate the time you will open.
I will eventually put this on the district
website and post online.

Thanks,