# Meridian High School Course Descriptions 



2024-2025

This packet provides you important information concerning graduation requirements and the courses offered at MHS to help you not only graduate but also assist you beyond high school.

There are opportunities in addition to the traditional schedule (AP courses, college in the high school, running start, NCTA) that you should learn about to help guide your choices for next year and in planning for the years after that.

It is important to take time to think about what classes you would be interested in taking next year. It is also important to know:

- The courses offered in this packet will only be offered if enough students register to fill a class.
- The choices made determine your schedule for next year and what you need to take in the years that follow. You are making a commitment to take the classes you sign up for next year, and may not be able to change your schedule.

An electronic copy of this catalog can be found at https://www.meridian.wednet.edu/mhs/counseling/

## Table of Contents

## Registration Information

Graduation Requirements 2
Graduation Pathway 5
Personalized Pathway Graduation Options 6
Dual Credit Opportunities 7
Academic Acceleration Policy 8
Plan to Graduate 9
High School \& Beyond Plan 11
Special Programs 12
Student Activities 13
Northwest Career \& Technical Academy 14

Course Descriptions
English 16
Fine and Performing Arts 18
Health \& Physical Education 21
Mathematics 22
Science 24
Social Studies 25
World Language 26
Career \& Technical Education (CTE Programs) 27

Agriculture 27
Computer Science 30
Other Credit Opportunities
Business Tech
29
Family Consumer Science 31

## MERIDIAN HIGH SCHOOL

Graduation requirements for the class of $\underline{2020}$ to 2026
$\mathbf{2 4}$ credits are required to graduate. All subjects receive .5 credits per semester. Only the semester grades are recorded on the transcript, which is the official record. The six week and twelve week grades are progress reports.

## CORE CREDITS:

ENGLISH - 4 credits
English 9-1 credit - 2 semesters
English 10-1 credit-2 semesters
English 11 - 1 credit - 2 semesters
English 12-1 credit - 2 semesters
FINE ARTS - 1 credit + 1 credit
1 credit is required. $2^{\text {nd }}$ credit is dependent on High School \& Beyond Plan (HSBP)
HEALTH AND FITNESS - 2 credits
Physical Education - 1.5 credits -3 semesters Health -.5 credit - 1 semester
MATH - 3 credits
3 credits of Math include Algebra 1, Geometry and a $3^{\text {rd }}$ credit of high school math which is based on High School \& Beyond Plan (HSBP).

CAREER \& TECHNICAL EDUCATION (CTE) - 1 credit
1 credit is required. Career \& Technical Education are found in the CTE programs. Courses are available in the following programs: agriculture, business, computer science, family \& consumer science education, and work-based learning.

SCIENCE - 3 credits ( 2 credits must be lab sciences)
Lab Sciences include Biology, AP Biology, Food Science, Chemistry, Honors Chemistry, Physics, Plant Science and Ag Power and Tech.

SOCIAL STUDIES - 3 credits
Contemporary World Problems - 1 credit - 2 semesters
Civics - .5 credit - 1 semester
U.S. History -1 credit -2 semesters

Senior Social Studies - .5 credit - 1 semester
WORLD LANGUAGE - 2 credits dependent on High School \& Beyond Plan (HSBP) / Two consecutive years of the same World Language

ELECTIVES - 4 credits determined by High School \& Beyond Plan (HSBP)

## ADDITIONAL REQUIREMENTS

WA St. History - State requirement (Usually fulfilled @ Meridian Middle School) SENIOR PROJECT
HIGH SCHOOL AND BEYOND PLAN (HSBP)
GRADUATION PATHWAY

## MERIDIAN HIGH SCHOOL

 Graduation requirements for the class of 2027 \& Beyond24 credits are required to graduate. All subjects receive .5 credits per semester. Only the semester grades are recorded on the transcript, which is the official record. The six week and twelve week grades are progress reports.

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SCIENCE - 3 credits ( 2 credits must be lab sciences)
Lab Sciences include Biology, AP Biology, Food Science, Chemistry, Honors Chemistry, Physics, Plant Science and Ag Power and Tech.

## SOCIAL STUDIES - 3 credits

World History - 1 credit -2 semesters
Civics - .5 credit - 1 semester
U.S. History - 1 credit -2 semesters

Senior Social Studies - .5 credit - 1 semester
WORLD LANGUAGE - 2 credits dependent on High School \& Beyond Plan (HSBP) / Two consecutive years of the same World Language

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HIGH SCHOOL AND BEYOND PLAN (HSBP)
GRADUATION PATHWAY

24-Credit Career- and College-Ready Graduation Requirements:
How Do the 24-Credit Graduation Requirements Add Up?


[^0]
## GRADUATION PATHWAY

In addition to earning 24 credits, completing a senior project, and successfully passing Washington State History, students need to meet one of the following graduation pathways that is aligned to their High School and Beyond Plan.

## Career/Technical Field = CTE Course Sequence

$\checkmark$ Complete 2.0 or more credits that either include a dual credit course or lead to an industry recognized credential
$\checkmark$ Complete a Core Plus program

## Military Career Interest $=$ ASVAB Exam (AFQT Section)

$\checkmark$ Score for Class of 2021=31
$\checkmark$ Check the State Board of Education website by September 1 annually (www.sbe.wa.gov/our-work/graduation-pathway-options/asvab)

Postsecondary Education = English Language Arts (ELA) and Math Courses \& Exams
(Can use any combination of the ELA and math options listed in this section.)
$\checkmark \quad$ ACT $(E L A=14 ;$ math $=16)$ or SAT (ELA $=410$; math $=430$ )
$\checkmark$ Dual credit courses ( 1.0 credit total):

- AP/IB/Cambridge: Earn a C+ in state-approved course (each term)
- CTE Dual Credit (must earn high school credit)
- College in the High School or Running Start courses (local approval)
$\checkmark$ Dual credit exams (for state-approved courses):
- $\mathrm{AP}=3+$
- Cambridge $=\mathrm{E}$ or better
- $\mathrm{IB}=4+$
$\checkmark$ State assessments:
- Smarter Balanced: ELA $=2548$; math $=2595$
- WA-AIM: ELA = 104; math $=103$
$\checkmark$ Transition courses ( 1.0 credit total):
- Bridge to College courses have state-level approval
- Local articulation agreements between districts and sponsoring colleges

At this time, MHS CTE course sequences are available in the FCS and Agriculture programs.
It is anticipated that future CTE course sequences will be available in the near future.

## Personalized Pathway Graduation Options

Class of 2020 and beyond
"Personalized Pathway Requirements are related courses that lead to a specific post high school career or educational outcome chosen by the student based on the student's interest and High School and Beyond Plan, that may include Career and Technical Education (CTE) and are intended to provide a focus for the student's learning."

The pathways below show examples of the courses offered at MHS that may satisfy these options.

| OPTION 1 <br> 4 YEAR COLLEGE BOUND | Follow the graduation requirements listed in your catalog including 2 years of <br> the same world language plus one extra art credit. Concentrate on electives <br> from a pathway specific to your chosen college major. |
| :---: | :--- |
| OPTION $\mathbf{2}$ <br> CAREER or <br> TECHNICAL EDUCATION <br> or MILITARY | Choose a CTE pathway for the career you would like to have after graduation <br> or two year college program or military service. <br> (CTE sequence requires a CTE dual credit course or progress towards an Industry Recognized Certification) |


| PERSONALIZED PATHWAYS |  | MHS COURSES AVAILABLE |
| :---: | :---: | :---: | :---: |


| Career Clusters | AG CAD | Plant Science | Physics |
| :--- | :---: | :---: | :---: |
| - Agriculture, Food and Natural Resources | AG Mechanics | Floral Design | Pre-Calculus* |
| - Health Science | AG Woods1 | Adv Floral Design | Welding - Beginning |
| - Science, Technology, Engineering and | AG Woods2 | Intro to Agriculture | Welding - Intermediate* |
| Mathematics | AP Biology* | Intro to Manufacturing | Welding - Advanced* |
|  | AP Calculus* | Leadership | Ag Power and Tech |
|  |  | Biotechnology |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

## *DUAL CREDIT OPPORTUNITY AVAILABLE

## DUAL CREDIT OPPORTUNITIES

## Advanced Placement Courses

Courses will be identified by the AP logo next to the course title in the catalog
Advanced Placement courses are college level courses taught at the high school. Students in AP courses may earn college credit by performing well on the AP exam. Students who sign up for AP classes will be expected to stay in that class for the entire year.

## College in the High School

Courses will be identified by the C logo next to the course title in the catalog
College in the High School is a cooperative program between local districts and selected colleges/universities in the state of Washington. The program allows current $9^{\text {th }}-12^{\text {th }}$ grade high school students the opportunity to earn college credit while staying on their high school campus and completing pre-approved course work in their high school classes. Students will need to pay for credits (at a reduced price) but do not have to pay additional fees or for books. Students wishing to earn College in the High School credit must meet minimum prerequisite grade requirements.

While Meridian High School currently has an agreement with Everett Community College, it is looking to expand its class options for students through partnerships with Eastern Washington University and/or Central Washington University. Classes listed with the logos are classes that may be able to offer college in the high school credit next year.

## Running Start

Running Start is an opportunity for juniors and seniors to attend classes most typically at either Whatcom Community College or Bellingham Technical College. Successful completion of the classes results in earning both college and high school credit. The student is responsible to purchase books, pay any fees and materials needed for the class. Students also need to provide transportation to/from the college. Eligible students may qualify for a fee waiver. Discussion with a counselor of the positive features and possible pitfalls of this program is strongly encouraged before making a decision to enroll in Running Start. Students will need to attend a Running Start meeting sponsored by the high school as well the parent/guardian and student will need to sign a Running Start Agreement.

Course equivalencies for WCC and BTC can be found at https://www.meridian.wednet.edu/mhs/running-start-information/

# CTE Dual Credit 

Courses will be identified by the ${ }^{\text {vandinill }}$ logo next to the course title in the catalog
CTE Dual Credit is a unique program that allows high school students to get a jump-start on their college education. These courses meet the entry-level course requirements of comparable college courses at local community and technical colleges. Students who take CTE Dual Credit courses earn both high school and college credit provided the student demonstrates proficiency in the identified college course competencies with a " B " or better grade. Registration for college credit must be completed during the same academic year the course is taken at the high school.

CTE Dual Credit credits are primarily intended for two-year technical education programs in Washington's community and technical college system. Students should consult with four-year colleges or universities to determine specific credit transfer requirements.

For additional information contact the Counseling Center, the teacher of a CTE Dual Credit class or visit www.btc.edu/ctedualcredit

Current CTE Dual Credit Courses:

- Intermediate Welding
- Accounting 1
- Personal Finance
- Advanced Welding
- Microsoft IT Academy
- Culinary Arts


## Universal Technical Institute

Meridian High School and Universal Technical Institute (UTI) have articulation agreements on several classes offered at MHS that will count towards classes at UTI. You can begin working towards a certificate or degree while taking classes at MHS. More information can be found in the office or by talking with Mr. Feller.

Current Articulated Courses:

- Beginning - Advanced Welding
- Intermediate Welding
- Intro to Ag Mechanics


## ACADEMIC ACCELERATION POLICY

High school students need to have greater access to rigorous advanced courses, including dual credit programs. To that end, the district will automatically enroll students who meet the state standard on the high school statewide student assessment in the next most rigorous level of advanced courses offered by the high school.

Students who successfully complete the advanced courses will then be enrolled in the next most rigorous level of advanced courses, with the ultimate goal being the student's automatic enrollment in dual credit courses. The subject matter of courses in which students are automatically enrolled will be determined by the areas of the statewide assessment in which the student met state standards.

Students and the parent/guardian do still have the opportunity to opt out of participation in the academic acceleration process in one or all content areas that are assessed on the statewide exams.

# PLAN FOR GRADUATION (Class of 2025) 

## FRESHMAN

| $1^{\text {ST }}$ SEMESTER | $2^{\text {ND }}$ SEMESTER |
| :---: | :---: |
| 1. ENGLISH 9 | 1. ENGLISH 9 |
| 2. CONTEMPORARY WORLD PROBLEMS | 2. CONTEMPORARY WORLD PROBLEMS |
| 3. MATH | 3. MATH |
| 4. BIOLOGY | 4. BIOLOGY |
| 5. PE or COURSE To Meet Grad Rep. and/or HSBP HSBP | 5. COURSE To Meet Grad Req. and/or |
| 6. COURSE To Meet Grad Req. and/or HSBP | 6. COURSE To Meet Grad Req. and/or HSBP |
| SOPHOMORE |  |
| $1^{\text {ST }}$ SEMESTER | $2^{\text {ND }}$ SEMESTER |
| 1. ENGLISH 10 | 1. ENGLISH 10 |
| 2. CIVICS | 2. HEALTH |
| 3. SCIENCE | 3. SCIENCE |
| 4. MATH | 4. MATH |
| 5. YEAR 1 WORLD LANGUAGE OR PRR* | 5. YEAR 1 WORLD LANGUAGE or PRR* |
| 6. COURSE To Meet Grad Req. and/or HSBP | 6. COURSE To Meet Grad Req. and/or HSBP |

## JUNIOR

## $1^{\text {ST }}$ SEMESTER

1. ENGLISH 11
2. U.S. HISTORY
3. MATH
4. SCIENCE
5. YEAR 2 WORLD LANGUAGE or PRR*
6. COURSE To Meet Grad Req. and/or HSBP

## $2^{\text {ND }}$ SEMESTER

1. ENGLISH 11
2. U.S. HISTORY
3. MATH
4. SCIENCE
5. YEAR 2 WORLD LANGUAGE or PRR*
6. COURSE To Meet Grad Req. and/or HSBP

## SENIOR

$1^{\text {ST }}$ SEMESTER<br>1. ENGLISH 12<br>2. SENIOR SOCIAL STUDIES<br>3. COURSE To Meet Grad Req. and/or HSBP<br>4. COURSE To Meet Grad Req. and/or HSBP<br>5. COURSE To Meet Grad Req. and/or HSBP<br>6. COURSE To Meet Grad Req. and/or HSBP

## $2^{\text {ND }}$ SEMESTER

1. ENGLISH 12
2. COURSE To Meet Grad Req. and/or HSBP
3. COURSE To Meet Grad Req. and/or HSBP
4. COURSE To Meet Grad Req. and/or HSBP
5. COURSE To Meet Grad Req. and/or HSBP
6. COURSE To Meet Grad Req. and/or HSBP
*-PRR = Personalized Pathway Requirement. If not taking two years of a world language, students need to take courses that lead to a specific post-high school career outcome based on the student's interest and High School and Beyond Plan.

EVERYONE MUST TAKE A QUANTITATIVE MATH CLASS OR AN ALGEBRA BASED SCIENCE DURING SENIOR YEAR IF YOU HAVE NOT YET PASSED OR ARE CURRENTLY TAKING PRE-CALCULUS

STUDENTS SHOULD CHECK WITH INDIVIDUAL COLLEGE REQUIREMENTS TO DETERMINE REQUIREMENTS FOR:

- TAKING SAT AND/OR ACT
- HIGH SCHOOL COURSES NEEDED FOR ADMISSION TO THAT INDIVIDUAL COLLEGE


## PLAN FOR GRADUATION (Class of 2026 and beyond)

## FRESHMAN

$1^{\text {ST }}$ SEMESTER

1. ENGLISH 9
2. WORLD HISTORY
3. MATH
4. BIOLOGY
5. PE or COURSE To Meet Grad Rep. and/or HSBP
6. COURSE To Meet Grad Req. and/or HSBP
$2^{\text {ND }}$ SEMESTER
7. ENGLISH 9
8. WORLD HISTORY
9. MATH
10. BIOLOGY
11. COURSE To Meet Grad Req. and/or HSBP
12. COURSE To Meet Grad Req. and/or HSBP

## SOPHOMORE

$1^{\text {ST }}$ SEMESTER

1. ENGLISH 10
2. PE or COURSE To Meet Grad Rep. and/or HSBP
3. SCIENCE
4. MATH
5. YEAR 1 WORLD LANGUAGE OR PRR*
6. COURSE To Meet Grad Req. and/or HSBP
$2^{\mathrm{ND}}$ SEMESTER
7. ENGLISH 10
8. HEALTH
9. SCIENCE
10. MATH
11. YEAR 1 WORLD LANGUAGE or PRR*
12. COURSE To Meet Grad Req. and/or HSBP

## JUNIOR

## $1^{\text {ST }}$ SEMESTER

1. ENGLISH 11
2. U.S. HISTORY
3. MATH
4. SCIENCE
5. YEAR 2 WORLD LANGUAGE or PRR*
6. COURSE To Meet Grad Req. and/or HSBP

## $2^{\text {ND }}$ SEMESTER

1. ENGLISH 11
2. U.S. HISTORY
3. MATH
4. SCIENCE
5. YEAR 2 WORLD LANGUAGE or PRR*
6. COURSE To Meet Grad Req. and/or HSBP

## SENIOR

## $1^{\text {ST }}$ SEMESTER

1. ENGLISH 12
2. SENIOR SOCIAL STUDIES
3. COURSE To Meet Grad Req. and/or HSBP
4. COURSE To Meet Grad Req. and/or HSBP
5. COURSE To Meet Grad Req. and/or HSBP
6. COURSE To Meet Grad Req. and/or HSBP

## $2^{\text {ND }}$ SEMESTER

1. ENGLISH 12
2. CIVICS
3. COURSE To Meet Grad Req. and/or HSBP
4. COURSE To Meet Grad Req. and/or HSBP
5. COURSE To Meet Grad Req. and/or HSBP
6. COURSE To Meet Grad Req. and/or HSBP
*-PRR = Personalized Pathway Requirement. If not taking two years of a world language, students need to take courses that lead to a specific post-high school career outcome based on the student's interest and High School and Beyond Plan.

## HIGH SCHOOL AND BEYOND PLAN

The High School and Beyond Plan is a graduation requirement. It is an electronic guidance unit designed to assist students to think about their future goals and how to accomplish those goals. This includes exploring interests, career options, post high school education opportunities, reality checks, and mapping out a course of study that reflects those individual choices. It allows students to take ownership and responsibility over their high school experience by choosing coursework and activities that are relevant to their plan. Students revisit their plan through the guidance units each year and update any changes as they progress through high school. The HSBP (High School and Beyond Plan) serves as a guide for the student as they select their Personal Pathway, courses, and post high school goals.

## CHECKLIST OF REQUIREMENTS

|  | Career interest inventory |
| :--- | :--- |
| $\ldots$ | Educational Goals |
| Four-Year Course Plan |  |
| Personalize Pathway Requirement |  |
| Resume |  |
| State Assessments and Other Assessments |  |
| $\square$ | Interventions, Academic Supports, and Courses if State Assessment not passed |
|  | Transcript and Progress Review |

- Community College, Technical College, Military:

Meridian High School Diploma

- 4 Year University:

In addition to our diploma, students need the following:

1. World Language: $2+$ years same language
2. Science: Biology, Chemistry, Physics
3. Mathematics: Algebra 1, Geometry, Algebra 2, Honors Algebra 2 Recommended: Pre-Calculus
4. Quantitative Math or Algebra based Science Class during Senior Year (Chemistry, Physics, Bio Tech,AP Biology) or the completion of Algebra 2, Pre-Calculus, AP Statistics, or AP Calculus.

## SPECIAL PROGRAMS

## EL (ENGLISH LEARNER)/ML (MULTILINGUAL) SERVICES -

Meridian High School is solidly committed to providing English classes that are appropriate for all learners--including students who are new to the country. The EL/ML program provides a welcoming atmosphere where EL/ML students can feel comfortable and learn English at a level that is appropriate for each individual. Students are qualified with level 1-3 through the WIDA (World-Class Instructional Design and Assessment) and are entitled to EL/ML services until they test out of the program. Our program focuses not only on proficiency in spoken English, but also on academic English that will prepare students for the transition into traditional English classes. Any student who speaks a home language other than English may qualify for EL/ML services. The amount of time a student spends in the program may vary depending on the student's previous level of education and/or experience with the English language.

## SPECIAL EDUCATION SERVICES -

As a learning community, Meridian High School is committed to providing multiple levels of service for all of our students with disabilities. Under the Individuals with Disabilities Education Act (IDEA) of 2004, All students with disabilities are provided with a free appropriate public education. Student success is our primary focus; thus we provide a continuum of instructional alternatives within the least restrictive environment to ensure that each child has the opportunity to be successful. MHS offers special education classes and general education classroom instruction with special education assistance and/or modifications. Our program options are designed to prepare our students to function at their highest academic and vocational ability. We share the common goal of preparing our students to lead a productive and independent adult life.

In order to be enrolled into any Special Education Course, students must be found eligible for special education services and must have a current Individualized Educational Plan (IEP) in place. Please contact your student's case manager with specific questions about program and scheduling options.

## STUDENT ACTIVITIES AVAILABLE <br> AT <br> MERIDIAN HIGH SCHOOL

Meridian High School encourages students to get involved in an activity, club, or sport. Research shows students who are connected to extracurricular activities have higher academic success. All students in extracurricular activities are under the same eligibility code. See the Athletic Director for further information.

## ATHLETICS

FALL
Cross Country (Boys \& Girls)
Football (Boys)
Soccer (Girls)
Swimming (Girls)
Tennis (Boys)
Volleyball (Girls)

WINTER
Basketball (Boys \& Girls)
Competition Cheer (Coed)
Bowling (Girls)
Unified Basketball (Coed)
Wrestling (Boys \& Girls)

SPRING
Baseball (Boys)
Golf (Boys \& Girls)
Soccer (Boys)
Softball (Girls)
Tennis (Girls)
Track (Boys \& Girls)

## SCHOOL ORGANIZATIONS, CLUBS

Chamber Choir<br>Cheerleading<br>Chess Club<br>Class Officer<br>Color Guard<br>Cornhole Club<br>Drama Club<br>Dungeons and Dragons<br>E-Sports Club<br>The National FFA Organization<br>Global Connections Club<br>Honor Society<br>International Club<br>Jazz Ensemble<br>Powerlifting Club<br>Student Council<br>Trojan Café Club<br>Winter Ride

## Northwest Career \& Technical Academy

## The academies are for $11^{\text {th }}$ and $12^{\text {th }}$ grade students

## Opportunities at MHS

NCTA courses will be taught in the Career and Technical Building on the Meridian High School campus. These courses are scheduled to meet from 8:00AM - 10:30 AM.

This means students will need to have a plan for how to use their time effectively on campus between the end of NCTA and the start of T3 or their next assigned class. It also means students will have to come to have their own way to school on Fridays, as NCTA is scheduled to start at 8:00 AM and MHS will not start until 8:55 AM

## Early Childhood Education

Early Childhood Education explores the foundations of early learning with a focus on the youngest of learners starting in preschool. Students will examine theories defining the field, issues, trends, best practices, and program models. Classroom learning will focus on understanding the learner, child development, planning instruction, best practices in teaching and assessment strategies along with how to personalize learning, play to learn, social and emotional development, and behavior support. Students will understand how culture, equity, and opportunity are key to building a healthy learning community.
High School Credits Earned:

## Welding Academy

Welding is an industry-based shop environment designed for the student who would like to develop a deeper understanding of metalworking as a foundation for continuing education or being in a job-ready market. Students are trained in the basic skills of oxyacetylene welding, and cutting, shielded metal arc welding, gas metal and flux cored arc welding, gas tungsten arc welding, and many other areas. Additionally, this program trains students in blueprint reading, math, layout and fit-up, and fabrication of a wide variety of projects.
High School Credits Earned: 1.0 Technical English, 1.0 Technical Math and 1.0 Career \& Technical Ed.

## Welding Academy II

Welding is an industry-based shop environment designed for the student who would like to develop a deeper understanding of metalworking as a foundation for continuing education or being in a job-ready market. Students are trained in the basic skills of oxyacetylene welding, and cutting, shielded metal arc welding, gas metal and flux cored arc welding, gas tungsten arc welding, and many other areas. Additionally, this program trains students in blueprint reading, math, layout and fit-up, and fabrication of a wide variety of projects.
High School Credits Earned: 1.0 Technical English, 2.0 Career \& Technical Education.

## Fire Science \& EMS

Fire Science \& EMS instills the proud tradition of serving communities with selfless dedication. The honor of becoming a firefighter is one sought after by many but bestowed upon only a few. Training to become a firefighter is exciting and meaningful. The NCTA Fire Science and EMS program offers professional instruction, amazing facilities, and endless opportunities to not only learn the skills necessary to become a firefighter/EMT, but also the skills to be an integral part of a community emergency response team in your own neighborhood. students earn their ICS 100 and 200 certificates from FEMA. Additionally, this course lays the groundwork so students can pursue their Firefighter I, Firefighter II, HazMat Operations, and EMT certificates upon turning 18 years of age.
Year 1 High School Credits Earned: 1.0 Science, 1.0 Physical Education and 1.0 Career \& Technical Education. Year 2 High School Credits Earned: 1.0 Technical English, 1.0 Physical Education and 1.0 Career \& Technical Ed.

## Off-campus Northwest Career \& Technical Academy courses

The Northwest Career \& Technical Academy provides students with the skills, knowledge, and training necessary for the workplace or continuing education through an apprenticeship, community college, or university. The Academy is tuition free for high school students; however, some programs may have industry related costs/lab fees. Students would need to provide their own transportation for courses not offered during session 1 on the Mt. Vernon campus. Students learn more about NCTA offerings by going to nwtech.k12.wa.us.

| NCTA Program | Campus | $\begin{array}{r} \text { Session } 1 \\ 8-10: 30 \\ \hline \end{array}$ | $\begin{array}{r} \text { Session } 2 \\ 11: 30-2 \\ \hline \end{array}$ | $\begin{gathered} \hline \text { Session } 3 \\ 3-5: 30 \\ \hline \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: |
| Aerospace Manufacturing | Anacortes |  |  | not offered |
| Animation \& Graphic Design | Mount Vernon |  |  | not offered |
| Applied Medical Science | Mount Vernon |  |  | not offered |
| Automotive Services | $\begin{gathered} \text { Sedro Woolley HS } \\ 12-2: 30 \\ \hline \end{gathered}$ | not offered |  | not offered |
| Baking \& Pastry | Mount Vernon | not offered | not offered |  |
| Construction | Anacortes |  |  | not offered |
| Criminal Justice | Mount Vernon |  |  | not offered |
| Culinary Arts | Mount Vernon |  |  | not offered |
| Dental Assisting | Mount Vernon |  |  | not offered |
| Drone \& ROV | Anacortes |  |  | not offered |
| Fire Science \& EMS | Mount Vernon |  |  | not offered |
| Core Plus Maritime | Anacortes |  |  | not offered |
| Medical Assisting | Mount Vernon | not offered | not offered |  |
| Money \& Business | Mount Vernon |  |  | not offered |
| Peer Counselor | Mount Vernon | not offered | not offered |  |
| Pharmacy Technician | Mount Vernon | not offered | not offered |  |
| Teaching Academy | Mount Vernon |  |  | not offered |
| Veterinary Assisting | Mount Vernon |  |  | not offered |
| Video Game Development | Mount Vernon |  |  | not offered |
| Welding Manufacturing | Sedro Woolley | not offered | not offered |  |

## COURSE DESCRIPTIONS

## ENGLISH

Integrated Language Arts 9 (Yearlong)<br>Prereq: None<br>Grade 9<br>Credit: English

The class includes learning the processes for close-reading and annotation of literature; explication and annotation of verse; writing essays and self and peer editing, assessing, revising of those same compositions; developing technical writing skills in both the informational and argumentative mode; establishing a common language vocabulary for grammar, parts of speech, the literary elements, poetry and literary terms.

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Integrated Language Arts }10\mathrm{ (Yearlong) Prereq: ILA 9
Grade 10
Credit: English
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This class has four major units: Narrative, Informational, Argumentative and Poetry/Drama. For the narrative unit, students study models of narrative techniques and then produce their own stories. For the informational unit, students analyze informational texts and research techniques and then utilize this knowledge to produce a research paper. In the argumentative unit, students investigate rhetorical techniques and then utilize them to produce and deliver a speech and participate in a debate. Finally, for the poetry and drama unit, students examine various ways of using figurative language to create meaning and poetic structures using this as a basis for an analytical reading of William Shakespeare's Macbeth. This class also includes a study of analytical writing techniques and self/peer editing.

## English 11 Bridge to College English Prep (Yearlong) Prereq: ILA 9 and 10 Grade 11 <br> Credit: English

The course curriculum emphasizes focused reading, writing, speaking \& listening, and research work based on Washington State's K-12 Learning Standards for English language arts (the Common Core State Standards, CCSS- ELA). This course will develop students' college and career readiness by building skills in critical reading, academic writing, speaking and listening, research and inquiry, and language use as defined by the CCSS-ELA for high school. The course will also develop essential habits of mind necessary for student success in college, including independence, productive persistence, and metacognition.

## Advanced Placement English Language \& Composition (Yearlong) AP

Grades 11-12
Prereq: ILA 9 and 10 Credit: English

Advanced Placement English Language and Composition is a class that gives high school students the opportunity to receive advanced placement and/or college credit through passing the AP exam in May of each year. The curriculum level of this class is comparable to an introductory college course. Students who choose AP English Language and Composition should be interested in studying and writing various kinds of analytic or persuasive prose on primarily nonliterary topics. In short, the goal of the class is to develop our skills as effective writers through a study of style and effective techniques, as well as reading critically how other authors and writers develop their craft. The opportunity that this class provides to enter college-level conversations about composition is unique and opens the door to many opportunities in our high school and in university-level education.
Students may have the opportunity to earn college credit by passing the AP exam in May.

## Advanced Placement English Literature \& Composition (Yearlong) AP

## Grade $12 \quad$ Prereq: ILA 9 and 10

AP Lang is recommended before taking AP Lit \& Comp Credit: English

## Students are required to complete a reading of two novels as well as notes and an essay the summer before this course begins. Students are expected to complete a substantial amount of college-level reading independently and outside of class throughout the class.

This course intends to prepare students for the university level as well as for the AP English Literature \& Composition test in May. Those who score high on that test (4 or 5) will receive their freshman English credit from most accredited universities in the US. Students will engage in critical reading and analysis of imaginative literature through the close reading and annotation of selected works - poems, short stories, plays, and novels - they will deepen their understanding of the way's writers use language to provide both meaning and pleasure for their readers. Students, in their readings, will consider a work's structure, style, and themes as well as such smaller scale elements as the use of figurative language, imagery, symbolism, and tone. Student writing emphasis and practice will include essays (personal narrative, expository, argumentative), timed writes, reflective narratives, dialectical journaling. Instruction will focus on development of voice and style as well as improvement in written fluency. Students will become familiar with, and practice, writing the multiparagraph essay.
Students may have the opportunity to earn college credit by passing AP exam in May

## Bridge to College English (Yearlong) <br> Prereq: ILA 9, 10 and English 11 <br> Grade 12 <br> Credit: English

The course curriculum emphasizes focused reading, writing, speaking \& listening, and research work based on Washington State's K-12 Learning Standards for English language arts (the Common Core State Standards, CCSSELA). This course will develop students' college and career readiness by building skills in critical reading, academic writing, speaking and listening, research and inquiry, and language use as defined by the CCSS-ELA for high school. The course will also develop essential habits of mind necessary for student success in college, including independence, productive persistence, and metacognition. For seniors who score in Level 2 on the Smarter Balanced $11^{\text {th }}$ grade assessment, the Bridge to College English Language Arts (ELA) course will offer an opportunity (with a B or better course grade) to place into college-credit courses when entering college directly from high school.

## Functional English (Yearlong)

Prereq: IEP goals
Grades 9-12
Credit: English
Functional English is a class where you will learn reading, writing, and communication skills needed for success in adulthood such as professional forms of communication, current events, reading for comprehension, and proper use of grammar, spelling, and capitalization. The goal of this class is to strengthen functional to basic fundamental english concepts needed across one's life span.

## EL/ML (Multilingual Learner) 1-2 (Yearlong)

## Prereq: Counselor Approval

Grades 9-12
Credit: English or Elective (see description for explanation) This course is for beginning or intermediate Multilingual Learners who are new to the country or English language. The course focuses on vocabulary, grammar, speaking and basic writing skills. Activities and assignments will follow WIDA (World-Class Instructional Design and Assessment) Standards. Also emphasized are school and community routines. For a student to earn an English credit an $80 \%$ or higher percentage must be earned in the class. Students earning 60-80\% will earn an elective credit.

EL/ML (Multilingual Learner) 3-4 (Yearlong)
Grades 9-12

Prereq: Counselor Approval
Credit: English

This course is for intermediate English Learners. The course focuses on reading vocabulary, high level grammar, reading, note-taking and essay writing. Students qualify through EL/ML testing and or success in EL/ML 1-2.

## FINE \& PERFORMING ARTS

## ART

## Fundamentals of Art (Semester)

Prereq: None, Repeatable
Grades 9-12
Credit: Fine Art
This is an introductory art course. It is also a prerequisite for Advanced Art. This course includes an introduction to the principles and elements of 2D design, painting, and emphasis on drawing. Instruction in the use of pencil, charcoal, chalk, colored pencils, and oil pastels and their application will be an integral part of the course.

## Ceramics (Semester)

Prereq: None, Repeatable
Grades 9-12
Credit: Fine Art
This course is designed to introduce students to the fundamentals of sculpture and 3-D design. Creative expression will be emphasized while gaining familiarity with clay. Clay basics will be emphasized, including pinch, slab, and coil methods. Students will be encouraged to begin identifying their strengths, as well as add personal expression to their projects. They will also learn to begin talking about and identifying aspects of their own works of art.

## Pottery (Semester)

Grades 9-12
Prereq: Ceramics, Repeatable, Instructor Approval
This class is designed for students who have an interest in working with clay on the pottery wheel. It gives students experiences in making functional as well as sculptural pieces developed from the pottery wheel. Well thought out forms, designs, and functional uses along with good craftsmanship are emphasized. This class is LIMITED TO 6 INDIVIDUALS AT ANY TIME. This class may only be taken during the Ceramics class.


#### Abstract

Advanced Art (Semester) Grades 9-12 Prereq: Fundamentals of Art, Repeatable, Instructor Approval Credit: Fine Art This is an advanced art course in which students will begin strengthening skills and techniques from Fundamentals of Art and 3-D Design with an emphasis on drawing, painting, and sculpture. They will complete projects using a variety of two-dimensional media which will include: Graphite, Prism color/sticks, acrylic, portrait drawing, watercolor, pastel, pen and ink. Techniques include: Drawing, shading (value, gradation, stipple, crosshatching), painting, and collage. They may also be asked to complete projects using a variety of three dimensional media including clay, plaster and wire. Students will be encouraged to continue identifying their strengths, as well as add personal expression to their projects. They will also learn to begin talking about and identifying aspects of their own works of art. Depending upon the student's grade, (10-12) the final result may be an accumulation of artwork in which they would be able to develop an AP Art Portfolio.


## Floral Design (Semester)

Prereq: None
Grades 9-12
Credit: CTE or Fine Art ${ }^{\wedge \wedge}$

## ^^_Cross Credit for Art Credit requires Fundamental of Art Prerequisite.

This course is a semester-long course in floriculture that focuses on the art of arranging flowers and learning skills that you can apply to a floriculture related job. This course will include units on the principles and elements of design, floriculture careers, and most importantly, the basic skills in designing floral arrangements for all occasions. If you are interested in working with flowers, making boutonnieres or corsages, and bringing home arrangements to your family, this is a great class for you. It is recommended that students become involved in leadership, career development, service learning activities, and school and community experiences.

## Advanced Floral Design (Semester) Prereq: Floral Design

Grades 9-12 Credit: CTE or Fine Art ${ }^{\wedge \wedge}$
$\wedge^{\wedge}$-Cross Credit for Art Credit requires Fundamental of Art Prerequisite.
Advanced Floral Design is a semester length course that builds on the foundation of Floral Design. This course will expand on students' knowledge of principles and elements of design, floriculture careers and working towards more advanced skills in designing floral arrangements. Students will practice pricing floral designs and build monthly arrangements. Students will be given the opportunity to develop their employability skills by speaking with customers, building a resume and working within the floral industry. Upon taking this class students will be expected to perform an SAE project.

Introduction to Theater Arts (Semester)
Grades 9-12

Prereq:None
Credit: Art

This class offers students a general overview of theater and its use and effect in and on culture. Students will be offered the opportunity to act, mime, improvise, design for the stage, read plays, discover theater history and explore career options in the field of theater. Students will also be encouraged to attend live theatrical productions. This course is currently in process to be approved for the 2023-2024 school year.

## Advanced Welding $\quad$ Prereq: Ag Mechanics, Int Metals, Repeatable <br> Grades 10-12 Credit: CTE or Fine Art ${ }^{\wedge \wedge}$ if repeated

${ }^{\wedge}$ Cross Credit for Art Credit requires Fundamental of Art Prerequisite.
After a shop safety review, the semester will be spent working on independent projects of the student's choice. The course will further develop skills learned in beginning metals and small gas engines and the opportunity for application of those skills. This is an excellent class for career preparation for mechanics or engineering careers. The school will provide the first pair of safety glasses and communal welding gloves and coveralls. Students will have the opportunity to showcase their skills through displays, projects and career development events facilitated through course work and FFA participation. If the student receives a "B" grade or better, they may be able to receive credit from Bellingham Technical College through the CTE dual credit program.

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Digital Photography (Semester) Prereq: None
Grades 9-12
    Credit: CTE or Fine Art^^
^^Cross Credit for Art Credit requires Fundamental of Art Prerequisite.
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Do you want to learn how to take better photos and use Photoshop? This class uses computers, digital cameras, and Photoshop. You will design and make a wide variety of projects that you can take home. Several assignment projects will allow you to make your own choices so that your personal interests can be expressed. Join this class and have a great time while being creative and learning employable skills. No previous knowledge or skills are required to take this class.

## Yearbook (Yearlong) Prereq: Instructor approval, Repeatable <br> Credit: CTE or Fine Art ${ }^{\wedge \wedge}$ <br> $\wedge^{\wedge}$-Cross Credit for Art Credit requires Fundamental of Art Prerequisite.

This is a year-long course in which you will be creating the Meridian High School's yearbook the Zenith. You will be introduced to and work with Photoshop, InDesign and will use digital photography. Instructor permission and initials on your registration form are required to be in this class.

## MUSIC

For music department handbook please access http://www.meridianhsmusic.weebly.com

## Symphonic Band (Yearlong) <br> Prereq: Play a band instrument, Instructor Approval, Repeatable <br> Grades 9-12 Credit: Fine Art

The Symphonic Band is made up of brass, woodwind players and percussionists who wish to continue their growth in instrumental music. The Symphonic Band performs master concert band literature, pep band music from the pop genre and various types of marching band music. The MHS symphonic band performs in concerts, festivals, graduation, parades, sporting events, and school and community events. Percussionists are also members of the MHS Drumline, which meets once a week in the evening. Most graded performance events take place outside of the school day. Each student will be required to attend all concerts and performances. This course may be repeated for credit. To help cover costs of department activities, students of the music department will participate in ASB fundraising.
*General Fee: $\mathbf{\$ 3 5 . 0 0}$ (Students in multiple ensembles only pay one fee - the largest amount).

## Concert Choir (Yearlong)

Grades 9-12

Prereq: None, Repeatable
Credit: Fine Art

Offered to all students, choir introduces the principles of music theory, vocal technique and sight-singing through choral master literature, Broadway and popular music. The MHS concert choir performs in concerts, festivals, and school and community events.

Most graded performance events take place outside of the school day. Each student will be required to attend all concerts and performances. This course may be repeated for credit. To help cover costs of department activities, students of the music department will participate in ASB fundraising.
*General Fee: $\mathbf{\$ 1 2 . 5 0}$ - Students in multiple ensembles only pay one fee - the largest amount.

Jazz Ensemble (Yearlong) (. 25 credit per semester)
Grades 9-12
Credit: Fine Art

Prereq: Audition, enrolled in core music class or instructor approval, repeatable.

The Jazz Ensemble explores various styles of music, such as blues, swing, pop, rock, Latin and funk. The MHS jazz ensemble performs in concerts, festivals, and school and community events. Most graded performance events take place outside of the school day. Each student will be required to attend all concerts and performances.

The Jazz Ensemble rehearses two times per week during zero hour (6:50 am to 7:45 am and an occasional evening sectional. Experience on a musical instrument is required. Jazz Ensemble is made up of students who are also enrolled in core music classes (symphonic band or concert choir). This course may be repeated for credit. To help cover costs of department activities, students of the music department will participate in ASB fundraising.
*General Fee: $\mathbf{\$ 1 7 . 5 0}$ - Students in multiple ensembles only pay one fee - the largest amount.

## Chamber Choir (Yearlong) (. 25 credit per semester) Prereq: Audition and Instructor Approval, Repeatable Grades 9-12

The Chamber Choir explores varying styles of pop and A Cappella choral literature from several different time periods. The MHS Chamber Choir performs in concerts, festivals, and school and community events. Most graded performance events take place outside of the school day. Each student will be required to attend all concerts and performances. Chamber choir is made up of students who are also enrolled in core music classes (concert choir or symphonic band).

The Chamber Choir rehearses two to three times per week during zero hour (6:50 am to 7:45 am ) and an occasional evening. A basic understanding and demonstration of vocal skills and sight singing are required. To help cover costs of department activities, students of the music department will participate in ASB fundraising.
*General Fee: $\mathbf{\$ 1 7 . 5 0} \mathbf{- S t u d e n t s}$ in multiple ensembles only pay one fee - the largest amount.

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Music Appreciation (Semester)
Grades 9-12
Prereq: None
Credit: Fine Art
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This course is designed for any student looking to explore the many facets of music history, theory and practice. Prior music experience is preferred, but not required. This class will be largely hands-on with students learning through activities such as playing instruments (The class will be split between Guitar and Percussion), composing music (and learning to use written notation), and listening and watching examples of music. During this semester-long class, students will experience music from several time periods and cultures, discover the interaction between musical styles, see the music in a historical perspective and realize the cultural origins of each example.

## HEALTH \& PHYSICAL EDUCATION

## HEALTH

Health (Semester)<br>Prereq: None<br>Credit: Health<br>Grade 10

This course explores health issues, concepts, and behaviors in 6 main units of study. These units include: Mental and Emotional Health; Alcohol, Tobacco, and Other Drugs; Relationships, Reproduction, and Reducing Risk; Nutrition and Body Image; and First Aid and CPR, and decision making, goal setting and personal growth.

## PHYSICAL EDUCATION

Fitness and Performance (Semester) Prereq: None, Repeatable<br>Grades 9-12<br>Credit: PE

This semester-long course offers students the opportunity to improve upon fitness and performance in both life and athletics. Students will learn the basic fundamentals of anaerobic, aerobic, and flexibility exercises through use of weight training, yoga, balance, and agility drills.

## Advanced Fitness and Performance (Semester) Prereq: Fitness and Performance

Grades 10-12
Credit: PE
This semester-long course will help students expand on knowledge and skills learned in Fitness and Performance. Students will learn through active participation in various strength-training programs. The students will be led through powerlifting and strength training programs that will help them reach their strength and fitness goals. Previous experience in Fitness and Performance is recommended.

## Body Works (Semester) <br> Prereq: None, Repeatable <br> Grades 9-12 <br> Credit: PE

This class is designed for the student interested in weight training, aerobic conditioning, and yoga/pilates style workouts. The focus will be teaching proper lifting techniques, which will enhance the student's overall body tone and fitness, as well as building core strength and flexibility through yoga and pilates. Students will work with free weights and participate in circuits, aerobic activities, core development and a variety of cardiorespiratory activities. Class participants should be ready for vigorous conditioning workouts. This class would be great for the student who wants to continue to build off of their progress made in Yoga, or to increase their overall body strength.

## Yoga (Semester)

Prereq: None, Repeatable
Grades 9-12
Credit: PE
In this class students will learn the skills of various yoga techniques that build strength and flexibility. Through this class students will learn breathing techniques, basic to intermediate yoga, different equipment that can be used, as well as how to create a flow sequence. By the end of the semester, students will be able to perform their own yoga sequences so they can continue incorporating yoga into their daily lives.

## Recreational PE (Semester)

Prereq: None, Repeatable
Grades 9-12
Credit: PE
Team sports, individual and dual sports, and fitness are all taught in recreational sports. The emphasis will be on advanced techniques and strategies. A variety of skills and rules of sports are learned including but not limited to; flag football, volleyball, basketball, softball, indoor soccer, speedball, team handball, badminton, and pickleball.

## Lifetime Sports (Semester) Prereq: None,Repeatable

Grades 9-12
Credit: PE
Students will receive basic instruction in technique, strategy, rules and safety of lifetime activities. Since many of the activities will be performed outside the school facilities, fees will be required to cover costs. This class teaches a number of activities that can be done for a lifetime to stay physically active including; bowling, tennis, archery, frisbee golf, roller hockey, floor hockey, golf, softball, bocce ball, lacrosse, and croquet.

## Walking for Fitness (Semester)

Grades 9-12

Prereq: None,Repeatable
Credit: PE

Students will become fit through walking. Pace, distance, and technique will be addressed in class. Students will use heart rate monitors to track progress. Some days students will be off campus, which will include walking in trails/parks in our community.

## MATHEMATICS

The usual sequence for Math courses is Algebra 1, Geometry, Algebra 2 or Trades Math, Pre-Calculus, AP Statistics or AP Calculus. Select students may double-up on Geometry and Algebra 2 with instructor and administrator approval. Further, students may choose to double-up on AP Statistics with Pre-Calculus or AP Calculus with AP Statistics.

## Pre-Algebra (Yearlong) Prereq: IEP Goals <br> Grades 9-12 <br> Credit: Elective

This course is a way to prepare students for Algebra and future math courses. Students spend two days a week working on strengthening arithmetic skills (fractions, decimals, percents) and two days a week working on Algebra concepts to build a better foundation for Algebra I (graphing, expressions, equations).

## Algebra 1 (Yearlong) <br> Prereq: None <br> Grades 9-12 <br> Credit: Math

Students will study linear, quadratic, and exponential functions. Properties of these functions are derived from tables, graphs, and equations. Students will also study arithmetic and geometric sequences, solving linear and quadratic equations, and systems of linear equations.

## Geometry (Yearlong) <br> Grades 9-12 <br> Prereq: Algebra I <br> Grades 9-12 <br> Credit: Math

This course centers on the study of shapes. Students will investigate new situations, discover relationships, and figure out what strategies can be used to solve problems. Students will collaborate with other students as members of study teams. By the end of the year students will have an understanding of a variety of geometric principles and properties that govern the world around us.


#### Abstract

Algebra 2 (Yearlong) Prereq: Algebra 1, Geometry Grades 10-12 Credit: Math Study will focus on functions including linear, quadratic, polynomial, exponential, absolute value, simple rational, logarithmic, square root equations, 3 -dimensional systems, and complex numbers. Students will collaborate with other students as members of study teams. Whenever possible, topics will be investigated in context of real problems. Students are required to have a TI-84 calculator. A limited number of these calculators are available for checkout in the school library. This course is NOT designed to provide the students with math skills that are essential for continuing into advanced mathematics on the secondary level as well as mathematics at the college level.


Honors Algebra 2 (Yearlong) Prereq: Algebra 1, Geometry<br>Grades 10-12<br>Credit: Math

Honors Algebra II is a rigorous and fast-paced class designed for the highly motivated and capable math students who have successfully completed Algebra I and Geometry and are prepared for an in-depth study of advanced algebra. Major units of study are similar to Algebra 2 but more exhaustive, and may also include introductory analytical geometry and conic sections; introductory circular functions, logical development and sequencing of mathematical topics. Students will devote considerable time and effort to self-directed studies and readings. This course is designed to provide the students with math skills that are essential for continuing into advanced mathematics on the secondary level as well as mathematics at the college level.

## Trades Math (Yearlong) <br> Prereq: Algebra, Geometry, Counselor Approval, HSBP <br> Grades 11-12 <br> Credit: $3^{\text {rd }}$ YearMath

Trades Math provides the practical mathematics skills needed for a wide variety of trade, technical, and other occupational areas, including plumbing, automotive, electrical and construction trades, machine technology, landscaping, HVAC, allied health, and more. The course will cover a direct, practical approach that emphasizes careful, complete explanations and actual on-the-job applications. This course is designed to meet the 3rd year math requirement for students who have completed Algebra and Geometry and intend to enter a trade rather than pursue a four-year degree.

## Pre-Calculus MATH\& 141-142 (Yearlong)

Grades 11-12

Prereq: Honors Algebra 2
Credit: Math or Elective

Study will focus on trigonometry and sinusoidal motion, parent graph functions and their transformations, exponential and logarithmic functions including the natural logarithm, conics, polar functions, vectors, sequences and series, and an introduction to the fundamentals of calculus. Students are required to have a TI-84 calculator. A limited number of these calculators are available for checkout in the school library.
Students may have the opportunity to earn college credit via the College in the High School program.

AP Calculus MATH\& 151-152 (Yearlong) AP C
Grades 11-12

Prereq: Pre-Calculus
Credit: Math or Elective

Students will approach Calculus using a four-pronged approach: numerically, graphically, algebraically, and verbally, as appropriate. This course will prepare the student to take the Advanced Placement exam. Scope and sequence for the course is: Limits, Derivatives, and Integrals; Properties of Limits; Derivatives and Indefinite Integrals; Products, Quotients, and Parametric Functions; Definite and Indefinite Integrals; The Calculus of Exponential and Logarithmic Functions; The Calculus of Growth and Decay; The Calculus of Plane and Solid Figures; Algebraic Techniques for the Elementary Functions; The Calculus of Motion, Averages, Extremes, and Vectors; The Calculus of Variable-Factor Products; and The Calculus of Functions Defined by Power Series. Students are required to have a TI-84 calculator. A limited number of these calculators are available for checkout in the school library.
Students may have the opportunity to earn college credit via the College in the High School program.
Students may have the opportunity to earn college credit by passing the AP exam in May.

## AP Statistics MATH\& 146 (Yearlong) AP C

Grades 11-12 numerical information. Data and numerical arguments occur not only in science and the social sciences but also in almost every field of academic inquiry. In addition most people encounter statistical reasoning in everyday life.
Therefore, it is appropriate and important for all educated citizens to study the principles and methods of statistics. Students are required to have a TI-84 calculator. A limited number of these calculators are available for checkout in the school library.

The emphasis in this course will be on understanding statistical concepts and on interpreting and communicating the results of statistical analyses. In other words, you will be asked to read carefully, write well, and speak knowledgeably in addition to "doing math." You will be expected to construct and analyze numerical arguments as well as draw conclusions based on statistical evidence. You are expected to actively participate in class activities and projects throughout the course. Since statistics is applicable in everyday life and most academic fields, you will analyze genuine data from a variety of applications throughout the course. These data will span a wide variety of subject matter; most should be of interest to a general audience.
Students may have the opportunity to earn college credit via the College in the High School program.
Students may have the opportunity to earn college credit by passing the AP exam in May.

## Basic Math (Yearlong)

Prereq: IEP goals
Credit: Math or Elective; Repeatable

This course provides instruction in basic mathematical skills and concepts. The overall goal of the Basic Math classes is to give students skills they need to gain confidence in solving everyday math problems in order to successfully apply math in their adult lives and/or move up to the next levels in math. In addition, students will be working on their needed individual skills which may include math calculation skills, problem solving, and math fluency.

Real World Math: (Yearlong)
Grades 9-12

Prereq: IEP goals
Credit: English

Real World Math is a class where you will learn math skills needed for success in adulthood such as time telling, money management, budgeting, shopping, and banking. The goal of this class is to strengthen functional to basic fundamental math concepts needed across one's life span.

## Biology (Yearlong)

Grade 9

Prereq: None
Credit: Lab Science

This lab science course is designed to promote lasting understandings of life science. Topics include: Molecules to Organisms, Ecosystems, Heredity, and Biological Evolution. As a STEM course, Science, Technology, Engineering and Mathematics will be integrated throughout the curriculum. This includes application of scientific practices, scientific inquiry and engineering practices to each topic. The course has been correlated to the NGSS national science standards.

## Chemistry (Yearlong)

Prereq: Algebra 1 (or taking concurrently), \& Biology
Grades 10-12
Credit: Lab Science
Chemistry is the study of the material world, and is a part of all other sciences! Students learn how the material world works by studying atomic structure and changes in matter and energy. Topics may include: density, naming chemicals, chemical formulas and equations, and studying matter and its interactions. This is a STEM course, Science, Technology, Engineering, Mathematics, and Society are all used to make chemistry connections. This course has been correlated to the NGSS national science standards. Students cannot use Chemistry and Food Science for science credit. It has to be one or the other.

Within this class there will be an option designed for the student that seeks to challenge themselves to deeper understanding of the chemistry concepts and earn a credit designated as an Honors Chem course. Students may have the opportunity to earn college credit via the College in the High School program if they earn the honors chemistry distinction.

## Food Science (Yearlong)

Grades 10-12

Food Science is the study of the nature of food, the causes of deterioration, the principles underlying food processing, and the improvement of food for the consuming public. During the course, students will work in teams to prepare and conduct food experiments. They will predict, interpret, and evaluate food lab results. Throughout the course students will discover careers in the food science industry.
This course includes food microbiology, food chemistry, risk management procedures, technology in food production, and diet and nutritional analysis and planning. Science is integrated throughout the course in such experiments as the caramelization of sugars and starches, the production and growth of yeast, comparing and using various chemical leavening agents in baked goods. Students may study such topics as the effects of antioxidants on humans, the shelf life of food products, and the positive and negative effects of bacteria on food. Students cannot use Chemistry and Food Science for science credit. It has to be one or the other. This course does not meet CADR college requirements.

## Plant Science (Yearlong)

Prereq: Biology
Grades 10-12
Credit.
Plant Science focuses on the scientific principles that underlie the breeding, cultivation, and production of agricultural plants. Students will learn about the production, processing, and distribution of agricultural plant products. Unit topics include: crop cultivation, agricultural production, and the processing of agricultural and food products. Students will spend time in the school greenhouse learning greenhouse management, plant identification, plant care and various propagation methods. Upon taking this class students will be expected to perform an SAE project.
If a student takes Plant Science for science credit, they need to also take either Chemistry/Honors Chem, Food Science or Physics for their third science credit. Students who have already taken Horticulture cannot take Plant Science.

## Physics (Yearlong)

Chemistry
Grades 11-12
Physics is a lab class that deals with the study of the physical universe, studying the relationship between matter and energy. In addition to conceptually learning Physics the student will also utilize their math skills to solve problems. A scientific calculator is highly recommended.
Students will learn about basic topics such as motion, forces, energy, momentum, heat and heat transfer, waves, electricity, and magnetism. Students will be engaged in scientific inquiry, investigations, and labs in a STEM approach so that they develop a conceptual understanding of the topics and basic scientific skills.
This course will prepare students for college physics and has been correlated to the NGSS National Science Standards. It is highly suggested that the student has a very solid understanding of Algebra and Trigonometry.

## Ag Power and Technology (Yearlong)

## Grades 11-12

The focus of Agricultural Power and Technology (APT) is to expose students to mechanics, power, technology, and career options in the world of agriculture. Students participating in the APT course will have experiences in various mechanical and engineering concepts with exciting hands-on activities, projects, and problems. Student's experiences will involve the study of energy, tool operation and safety, material properties, machine operation, and structural components. Students will acquire the basic skills to operate, repair, engineer, and design agricultural tools and equipment. Throughout the course, students will apply the engineering principles to the construction of machines and structures. The Agricultural Power and Technology course includes; Shop Safety, Tool Operation, Material Selection and Uses, Fabrication, Energy and Power Production, Machine Components and Design, Agricultural Structures, Engineering, Technical Applications of Math and Science As with all agriculture courses, instruction and assessment in the Supervised Agriculture Experience (SAE) is a requirement. The Supervised Agriculture Experience includes placing a student in a position where he or she will learn the practices of entrepreneurship and the fundamentals of research and experimentation in the agricultural field. Participants in the SAE will conduct exploratory projects with the purpose of learning about and improving practices in their surroundings.

## AP Biology BIOL\& 211 (Yearlong) AP C

Grades 11-12

## Prereq: Biology and Chemistry/Honors Chemistry

Credit: Lab Science
The Advanced Placement Biology course is designed to both prepare students for success on the AP Biology exam and to provide students with an advanced biology course that expands on knowledge presented in first year Biology. The AP program is based on the premise that college-level material can be taught successfully to motivated, academically able and well-prepared high school students. It aims to provide students with the conceptual framework, factual knowledge and analytical skills necessary to deal critically with the rapidly changing science of biology. The course is structured around the four big ideas, enduring understandings and science practices as mandated by the College Board. The development of critical thinking skills is one of the most important parts of this course, and students are expected to spend time out of class preparing to learn in class. In AP Biology, students spend approximately $25 \%$ of instructional time in a lab setting and perform at least 2 inquiry-based labs within each big idea.
Students may have the opportunity to earn college credit via the College in the High School program.
Students may have the opportunity to earn college credit by passing the AP exam in May.

## Biotechnology (Yearlong)

## Prereq: Biology and Chemistry/Honors Chemistry

Grades 11-12
Credit: Lab Science
Biotechnology is designed to give students a comprehensive introduction to the scientific concepts and laboratory research techniques currently used in the field of biotechnology. Students attain knowledge about the field of biotechnology and deeper understanding of the biological concepts used. In addition, students develop the laboratory, critical thinking, and communication skills currently used in the biotechnology industry. Furthermore, students will explore and evaluate career opportunities in the field of biotechnology through readings, laboratory experiments, class discussions, research projects, guest speakers, and possibly workplace visits.

## SOCIAL STUDIES

## World History (Yearlong)

Grade 9
This freshman level course will cover the history of the world from 1200-Present. In this course, each unit will cover a specific period of tiem and a major theme that is happenign across the world during that time. Students will work on crafting their historicial thiking skills and look at world problems from teh past and today through various perspectives in order to gain knowledge and understanding of our world.

## U.S. History (Yearlong) <br> Grade 11 <br> Prereq: None <br> Credit: Social Studies

This course covers U.S. History from 1920 to the present. The focus for the course is cultural history which means the students will study the relationship between historical events and various aspects of our culture (music, art, sports, entertainment, etc.). Students will be asked to explain how history is reflected in music, art, entertainment, sports, etc. and how those aspects of our culture have changed as a result of historical developments. During the second semester students will complete a Cultural History Project in which they create their own "book" of American cultural history.

## Current Issues (Semester)

Grade 12

Prereq: None
Credit: Social Studies

The goal of this class is to examine contemporary events and develop the essentials of knowledge for operating in today's society. Topics will include: various domestic policy issues including the environment, education, health care, immigration, and the budget. The course will also look at key foreign policy concerns and practical economics.

## The Law and Society (Semester) <br> Prereq: None <br> Grade 12 <br> Credit: Social Studies

This course examines the American legal system and its impact on our society. The first half of the course focuses on Constitutional Law with the goal of helping students understand their rights and responsibilities. Other aspects of the course deal with criminal law and civil law. The course is designed for those who want to understand their rights and/or those seeking a career in law enforcement or other legal fields.

## AP U.S. Government and Politics (Yearlong) AP Grade 12 <br> Prereq: None <br> Credit: Social Studies

This course serves as a comprehensive study of the U.S. national government and public policy. The course will help students understand the structure and institutions of our government, political beliefs and behaviors, political parties and interest groups, public policy, civil rights, and civil liberties. Students will also gain thorough knowledge of the constitutional foundations of the U.S. government. This is a year-long course. Students will receive senior social studies credit upon completion of the full-year course. There is a summer reading requirement

College credit is possible upon successful completion of the AP exam.

## WORLD LANGUAGE

## Spanish 1 (Yearlong)

Grades 9-12

Prereq: None
Credit: World Language

Spanish I is an introduction to the study of the Spanish language and the cultures of the Spanish speaking world. Audio activities, written texts, music, games and movies will be used to develop the three modes of communication: Interpersonal, Interpretive and Presentational. Acquisition of Spanish vocabulary is of utmost importance; therefore, students should plan a minimum of 10-15 minutes of study each night.

## Spanish 2 (Yearlong)

Prereq: Spanish 1
Credit: World Language
Grades 10-12
Spanish II broadens communication skills through the study of the three simple tenses (past, present and immediate future) with a large emphasis on the simple past. Audio activities, written texts, music, games and movies will be used to assist vocabulary acquisition and comprehension of more complex grammar functions. In Spanish II, students are expected to present on a variety of topics in Spanish. Acquisition of Spanish vocabulary is of utmost importance; therefore, students should plan a minimum of 15-20 minutes of study each night.

Spanish 3 (Yearlong)
Prereq: Spanish 2
Grades 10-12
Credit: World Language
Spanish III builds upon knowledge gained in Spanish $1 \& 2$ and strives to give real-world context and application to student learning. It expands on "communication (understanding and being understood by others) by applying interpersonal, interpretive, and presentational skills in real-life situations." - AP College Board. Authentic audio, written texts, and movies will be used to familiarize and assist students with more complex grammar functions, including a high emphasis on the future, conditional and subjunctive tenses. Acquisition of Spanish vocabulary is of utmost importance; therefore, students should plan a minimum of 20-30 minutes of study each night.

## CAREER AND TECHNICAL EDUCATION

## AGRICULTURE

Students in FFA must take at least one Agricultural course every year to remain in FFA. Likewise, students in Agriculture classes are strongly encouraged to be in FFA.

## Ag Computer-Aided Design (CAD) (Semester)

 Grades 9-12Prereq: None
Credit: CTE

Everything from video games to clothing, jewelry and homes is now designed using computers. This class is an introduction to design, manufacturing and shop processes. You will design, draw, and then construct various projects in the lab. You will also gain experience in planning, organizing and producing drawings and products commonly found in business and industry. Join this class and learn how to use both 2-D and 3-D Computer-Aided Design (CAD) software as well as designing and building test models.

## Floral Design (Semester)

Prereq: None
Grades 9-12
Credit: CTE or Fine Art ${ }^{\wedge \wedge}$
$\wedge^{\wedge}$-Cross Credit for Art Credit requires Fundamental of Art Prerequisite.
This course is a semester-long course in floriculture that focuses on the art of arranging flowers and learning skills that you can apply to a floriculture related job. This course will include units on the principles and elements of design, floriculture careers, and most importantly, the basic skills in designing floral arrangements for all occasions. If you are interested in working with flowers, making boutonnieres or corsages, and bringing home arrangements to your family, this is a great class for you. Upon taking this class students will be expected to complete an SAE project.

## Advanced Floral Design (Semester)

Prereq: Floral Design
Grades 9-12 Credit: Fine Art ${ }^{\wedge \wedge}$ or CTE
$\wedge \wedge$-Cross Credit for Art Credit requires Fundamental of Art Prerequisite.
Advanced Floral Design is a semester length course that builds on the foundation of Floral Design. This course will expand on students' knowledge of principles and elements of design, floriculture careers and working towards more advanced skills in designing floral arrangements. Students will practice pricing floral designs and build monthly arrangements. Students will be given the opportunity to develop their employability skills by speaking with customers, building a resume and working within the floral industry. Upon taking this class students will be expected to perform an SAE project.

## Plant Science (Yearlong)

Grades 10-12

Prereq: Biology
Credit: CTE, Science

Plant Science focuses on the scientific principles that underlie the breeding, cultivation, and production of agricultural plants. Students will learn about the production, processing, and distribution of agricultural plant products. Unit topics include: crop cultivation, agricultural production, and the processing of agricultural and food products. Students will spend time in the school greenhouse learning greenhouse management, plant identification, plant care and various propagation methods. Upon taking this class students will be expected to perform an SAE project.
If a student takes Plant Science for science credit, they need to also take either Chemistry/Honors Chem, Food Science or Physics for their third science credit. Students who have already taken Horticulture cannot take

## Plant Science.

Ag Power and Technology (Yearlong)
Grades 11-12
The focus of this class is to expose students to mechanics, power, technology, and career options in the world of agriculture. Students participating in this course will have experiences in various mechanical and engineering concepts with exciting hands-on activities, projects, and problems. Student's experiences will involve the study of energy, tool operation and safety, material properties, machine operation, and structural components. Students will acquire the basic skills to operate, repair, engineer, and design agricultural tools and equipment. Throughout the course, students will apply the engineering principles to the construction of machines and structures. This courses includes; Shop Safety, Tool Operation, Material Selection and Uses, Fabrication, Energy and Power Production, Machine Components and Design, Agricultural Structures, Engineering, Technical Applications of Math and Science. Upon taking this class students will be expected to perform an SAE project. This includes placing a student in a position where he or she will learn the practices of entrepreneurship and the fundamentals of research and experimentation in the agricultural field. Participants in the SAE will conduct exploratory projects with the purpose of learning about and improving practices in their surroundings.

## Introduction to Agriculture (Semester)

Grades 9-12

Prereq: None
Credit: CTE

This semester-long orientation course provides the opportunity for students to learn how the agricultural industry is organized; its major components; the economic influence of agriculture at state, national and international levels; and the scope and types of job opportunities in the agricultural field. Basic concepts in animal science, agribusiness management, agricultural biotechnology, and precision Agriculture will be presented. Students will have the opportunity to showcase their skills through displays, projects and career development events facilitated through course work and FFA participation.

## Ag Mechanics (Semester) Prereq: None <br> Grades 9-12 <br> Credit: CTE

In Agriculture Mechanics students will learn safe operation of a variety of agricultural tools. The students will go through small gas engine theory, disassembly, repair, reassembly and troubleshooting, as well as hydraulics and electrical theory. Students will have the opportunity to showcase their skills through displays, projects and career development events facilitated through course work and FFA participation.

## Ag Robotics (Semester) <br> Grades 9-12 <br> Prereq: None

During this class students will explore the field of robotic design using a variety of hands-on activities. Students begin the semester with an introduction to the tools used to create robotic devices. Students work in teams to create simple robots of various capabilities. Mechanical concepts such as gearing/torque/speed/power are introduced.

These topics are explored through the use of hands-on labs. Students must use this knowledge to design and build custom drive trains capable of meeting a variety of criteria including climbing, pushing, attaining maximum speed, etc. Sensors are introduced to allow robotic devices to interact with the environment. The final few weeks of class will consist of a robot design project.

## Beginning Welding (Semester)

Grades 9-12

Prereq: None
Credit: CTE

This is an introductory course in welding. It includes units on metal shop tools and safety, arc welding, oxygen and acetylene cutting, and tap and die. Students' first pair of safety glasses will be provided. The school will provide communal welding gloves and coveralls for this class. Students will also have the opportunity to showcase their skills through displays, projects and career development events facilitated through course work and FFA participation.

## Intermediate Welding (Semester) Prereq: Beg Welding <br> Grades 9-12 <br> Credit: CTE

This is a continuation of beginning metals however the student will learn to weld SMAW with E7018, and E6010 welding rods. They will also be expected to become proficient in GMAW (MIG) welding in various processes and metal thicknesses. There will also be a section on oxy-acetylene welding. The students will learn the plasma arc cutting process. There will be a culminating project that will test all the skills they have learned in both beginning and intermediate welding. Students' first pair of safety glasses will be provided. The school will provide communal welding gloves and coveralls. If the student receives a "B" grade or better they may be able to receive credits from Bellingham Technical College through the CTE Dual credit program. Students will have the opportunity to showcase their skills through displays, projects and career development events facilitated through course work and FFA participation.

## Advanced Welding (Semester) <br> Prereq: Int Welding, Repeatable <br> Grades 10-12 <br> Credit: CTE or Fine Art ${ }^{\wedge \wedge}$ if repeated

${ }^{\wedge \wedge}$-Cross Credit for Art Credit requires Fundamental of Art Prerequisite. (pending school board approval)
After a shop safety review, the semester will be spent working on independent projects of the student's choice. The course will further develop skills learned in beginning welding and small gas engines and the opportunity for application of those skills. This is an excellent class for career preparation for mechanics or engineering careers. The school will provide the first pair of safety glasses and communal welding gloves and coveralls. Students will have the opportunity to showcase their skills through displays, projects and career development events facilitated through course work and FFA participation. If the student receives a "B" grade or better they may be able to receive credits from Bellingham Technical College through the CTE dual credit program.

Ag Woods 1 (Semester)
Grades 9-12

Prereq: None
Credit: CTE

In this course you will create personal projects in the wood shop. The goal of this class is to provide you with the opportunity to plan and construct products made of wood and other materials. Topics to be covered include use of hand and power tools, shop safety, methods of construction, and finishing techniques. Students learn how to select materials, plan, design, build, and finish a project. Students also learn about careers related to wood technology, construction and agriculture and the skills required to obtain these jobs. Components of employability and leadership skills are covered throughout the duration of the course. No previous knowledge or skills are required to take this class, just a strong interest to be creative. Students will have the opportunity to showcase their skills through displays, projects and career development events facilitated through course work and FFA participation.

## Ag Woods 2 (Semester)

Grades 9-12

Prereq: Ag Woods 1
Credit: CTE, repeatable

In this course students will continue to design and build a variety of wood projects. The projects are student chosen and should reflect a more complex product when compared to the Level I course. . Students also learn about careers related to wood technology, construction and agriculture and the skills required to obtain these jobs. Components of employability and leadership skills are covered throughout the duration of the course. Prerequisite of Ag woods 1 is required. Lab fee is $\$ 15$ to cover all finish and fastening materials. Students will have the opportunity to showcase their skills through displays, projects and career development events facilitated through course work and FFA participation.

## BUSINESS

## Computer Applications (Semester) Prereq: None <br> Grades 9-12 <br> Credit: CTE

Computers are no more than boat anchors without operating systems and applications. In Computer Applications you will explore past, present, and future core and productivity focused computer applications including overviews, discussions, and in-depth study and projects centered around operating systems (Windows), the Google suite (Google Docs, Sheets, etc.), the Adobe Suite (PhotoShop, Animator, Acrobat, Audition, etc.), and communications applications such as Microsoft Outlook and Google Gmail. College credit at BTC/WCC may be possible by passing this course with a B or better grade and completing assigned projects/tests.

## Microsoft IT Academy (Semester) Prereq: None, Repeatable <br> Grades 9-12 Credit: CTE

Students will have the opportunity to get hands-on experience and certification in a number of Microsoft products, such as Microsoft Word, Microsoft Excel and Microsoft PowerPoint, as well as advanced topics, including Microsoft Access and Outlook. Once students have completed the Microsoft IT Academy training, they can become certified in their areas of study to earn industry-recognized Microsoft Office Specialist, Microsoft Technology Associate or Microsoft Certified Professional certifications. Students who maintain a "B" average may qualify for credit at BTC/WCC. MS Office specialist credentials help give students an edge in today's competitive job market.

## Personal Finance $\quad$ Prereq: None <br> Grades 11-12 <br> Credit: CTE

Who wants to be a millionaire? Learn how! You will learn a variety of money management and life skills that you can use now and throughout your life. Budgeting, balancing finances, managing savings, investing, tax forms, loans, credit cards, mortgages, interest rates, and retirement accounts are just some of what you will learn about in this class. You probably know an adult who would have loved to take this class in high school! College credit at BTC/WCC may be possible by passing this course with a B or better grade and completing assigned projects/tests.

| Digital Photography (Semester) | Prereq: None |
| :--- | :--- |
| Grades 9-12 | Credit: CTE or Fine Art |

${ }^{\wedge \wedge}$ Cross Credit for Art Credit requires Fundamental of Art Prerequisite.
Do you want to learn how to take better photos and use Photoshop? This class uses computers, digital cameras, and Photoshop. You will design and make a wide variety of projects that you can take home. Several assignment projects will allow you to make your own choices so that your personal interests can be expressed. Join this class and have a great time while being creative and learning employable skills. No previous knowledge or skills are required to take this class.

## Video Production (Semester)

Grades 9-12

Prereq: None
Credit: CTE

Video Production is an entry-level course that will serve as an introduction to basic video/film/audio production (utilizing the Adobe Suite of software). The goal of the course is for students to develop the ability to capture great video images and audio, and to be able to edit those two elements together to tell a story.
During the course you will learn:

- The basic understanding of operating a video camera.
- The basic principles of how to capture great video \& audio with external sources.
- How to edit video and audio into a creative and entertaining piece.
- How to plan, shoot, and edit a story for personal or commercial purposes.


## Hybrid Photography (Semester) Prereq: Digital Photo \& Video Production <br> Grades 10-12 <br> Credit: CTE

Modern digital cameras are capable of both high quality still photography and high definition, high framerate, video capture. Today's photo/video field is populated by skilled professionals who use a single digital capture device to produce works for independent and larger media outlets. This is an advanced course which requires that the student take both Digital Photography and Video Production. It is hoped that this course is scheduled to coincide with Leadership to allow for collaborative projects to support Meridian High School.

| Yearbook (Yearlong) | Prereq: Instructor approval, Repeatable, Grade 10 and above |
| :--- | :--- |
| Grades $10-12$ | Credit: CTE or Fine Art $\wedge \wedge$ | Grades 10-12 Credit: CTE or Fine Art ${ }^{\wedge \wedge}$

$\wedge^{\wedge}$-Cross Credit for Art Credit requires Fundamental of Art Prerequisite.
This is a year-long course in which you will be creating the Meridian High School's yearbook the Zenith. You will be introduced to, and work with, Adobe Photoshop, Lightroom, InDesign. Digital photography interest is a must. Instructor permission and initials on your registration form are required to be in this class

## COMPUTER SCIENCE

## Introduction to Computer Science: SNAP! Introduction to Programming Concepts (Semester) Prereq: None

 Grades 9-12 Credit: CTE, 3rd Year Science*, 3rd Year Math*ICS: Snap! is an engaging course that explores a variety of basic computational thinking and programming concepts through a project-based learning environment. Roughly $75 \%$ of student time is spent building projects and practicing the skills they are learning.
*-A student may be able to substitute SNAP! And PYTHON as an alternative to a third year of math or third year of science if these two computer science courses are aligned to the student's high school and beyond plan. If interested, talk to your counselor for more information

Introduction to Computer Science: PYTHON - Intro to Text-Based Programming (Semester) Prereq: ICS: SNAP!
Grades 9-12
Credit: CTE, 3rd Year Science*, 3rd Year Math*
ICS: Python is an engaging course that explores a variety of basic computational thinking and programming concepts through a project-based learning environment. Roughly $75 \%$ of student time is spent building projects and practicing the skills they are learning.
*-A student may be able to substitute SNAP! And PYTHON! as an alternative to a third year of math or third year of science if these two computer science courses are aligned to the student's high school and beyond plan. If interested, talk to your counselor for more information

## FAMILY AND CONSUMER SCIENCE EDUCATION

## Introduction to Foods \& Nutrition (Semester) <br> Grades 9-12 <br> Prereq: None <br> Credit: CTE

After passing the WA State Food Workers Card safety and sanitation test, students will participate in cooking labs representing the six basic food groups - at least two recipes from each, with additional recipes to supplement as time allows. Balanced nutritional facts and concepts, measuring skills and techniques, fundamental kitchen utensils and equipment, safe food storage and preparation principles, introductory knife skills, and meal preparation are included.

## Food Science (Yearlong)

Grades 10-12

Prereq: Biology
Credit: Science or CTE
Food Science is the study of the nature of food, the causes of deterioration, the principles underlying food processing, and the improvement of food for the consuming public. During the course, students will work in teams to prepare and conduct food experiments. They will predict, interpret, and evaluate food lab results. Throughout the course students will discover careers in the food science industry.

This course includes food microbiology, food chemistry, risk management procedures, technology in food production, and diet and nutritional analysis and planning. Science is integrated throughout the course in such experiments as the caramelization of sugars and starches, the production and growth of yeast, comparing and using various chemical leavening agents in baked goods. Students may study such topics as the effects of antioxidants on humans, the shelf life of food products, and the positive and negative effects of bacteria on food.
This course does not meet CADR college requirements.

## Baking and Pastry (Semester) Prereq: Introduction to Foods \& Nutrition <br> Grades 10-12 <br> Credit: CTE

Cakes, cookies, pies, muffins, scones, yeast breads and pastries! Grab your chef's coat and head to the kitchens to try your hand at all of these and more! Master the art and science behind baking like a pro. Food safety, some classic French techniques, cake and cookie decorating. Gluten free alternatives will also be available in this course. Students will demonstrate their competency in many of these skills during their involvement in food service events; participation in catered events outside of the regular school day is part of the course requirements.

## Culinary Arts/Catering Prereq: Introduction to Foods \& Nutrition <br> Grades 10-12 <br> Credit: CTE

With a concentration on safety and sanitation (from the ServSafe course text), the course also includes instruction and hands-on application of a variety of cooking methods, continuous instruction to further develop knife skills and presentation techniques, a chance to evaluate nutritional fads and facts, menu cost analysis, a food trade unit where students develop a business concept, menu and an exploration of post-high school culinary educational opportunities. Students will demonstrate their competency in many of these skills during their involvement in food service events; participation in catered events outside of the regular school day is part of the course requirements.

## International Cuisine (Semester)

Grades 10-12

## Prereq: Introduction to Foods \& Nutrition

 Credit: CTEWhether you favor classical French cooking, hearty Italian pastas or Asian stir fry, this class will have you preparing and tasting a variety of cuisines from around the world. Using basic skills you gained in the Introduction to Foods \& Nutrition course, you will be introduced to herbs and spices that create the regional flavor profiles of South America, The Caribbean Islands, Central Europe, the Mediterranean and Middle East, Africa and Asia. You may even dip "down under" for a traditional recipe or two from Australia. This class will stretch your culinary skills incorporating a variety of food preparation and cooking methods to prepare appetizers, main dishes and desserts from around the globe.

## OTHER CREDIT OPPORTUNITIES

## LEADERSHIP

## Leadership (Yearlong)

Grades 9-12

The purpose of this class is to help you identify and develop specific leadership skills that will aid you in your leadership role in our school, as well as in life. The assignments for this course include activities in assembly planning, community service, goal setting, problem solving, group process, stress management, student and staff recognition, project planning, fundraiser processes, time management, communication skills, managerial skills, public speaking and self-awareness as a leader-all of which in some way will be aligned with the mission of serving the school in your role as a leader.
This is a year-long class for ASB officers.

## ASSISTANTS - LIBRARY/OFFICE/TEACHER <br> Students may take no more than one class per semester and a total of 1.0 credit of assistant classes. All assistant grades are pass/fail.

## Library Assistant (Semester) Prereq: Librarian and Counselor Approval <br> Grades 11-12 <br> Credit: Elective Pass/Fail

Library assistants will perform a variety of daily tasks such as collecting mail, taking statistics, checking materials in and out, filing and shelving materials, preparing and repairing books, and running errands. They will be expected to learn the operation of the library well enough to help students and teachers use the library. Students may not use a PE Waiver with this course on their transcript.

## Office Assistant (Semester)

Grades 11-12
Need a chance to develop skills in customer service, business machine operation, and telephone etiquette? Earn an elective credit while growing your resume for countless jobs in your future. TA's will learn a variety of useful tasks, including how to run copy machines, use a multi-line phone system, and attend to customer needs in a busy office or classroom setting. Students may not use a PE Waiver with this course on their transcript.

## Peer Tutor (Semester)

Grades 11-12
Prereq: Principal and Teacher Approval
Credit: Elective Pass/Fail
Peer tutors, under the direct supervision of the classroom teacher, will assist students in the class with understanding material and assignments. This is not a teacher assistant class. Peer tutors are student assistants, thus PE waivers are not impacted by this course.

## Teacher Assistant (Semester)

Grades 11-12
The TA course is designed to give students direct knowledge of the teaching profession by working closely with a selected teacher and his/her students. Students may not use a PE Waiver with this course on their transcript.

## SUPPORT CLASSES

EL/ML (Multilingual Learner) 1-2 (Yearlong)
Grades 9-12
Prereq: Counselor Approval
Credit: English or elective (see description for explanation) This course is for beginning or intermediate Multilingual Learners who are new to the country or English language. The course focuses on vocabulary, grammar, speaking and basic writing skills. Activities and assignments will follow WIDA (World-Class Instructional Design and Assessment) Standards. Also emphasized are school and community routines. For a student to earn an English credit an $80 \%$ or higher percentage must be earned in the class. Students earning 60-80\% will earn an elective credit.

## EL/ML (Multilingual Learner) 3-4 (Yearlong)

Grades 9-12

Prereq: Counselor Approval
Credit: English

This course is for intermediate English Learners. The course focuses on reading vocabulary, high level grammar, reading, note-taking and essay writing. Students qualify through EL/ML testing and or success in EL/ML 1-2.

## Independent Study (Semester)

Grades 11-12
Credit: Elective
Students wishing to study a subject area not offered in a course at the high school may work with a teacher to design an independent study project. Specific guidelines, benchmarks and goals will need to be included. This is a pass/fail course.

## Learning Strategies (Semester) Prereq: IEP goals; repeatable

## Grades 9-12

Credit: Elective
This class is designed for those students who need additional support/training in organizational, time management, and note taking skills. Classroom teachers collaborate regularly to ensure success in the content education curriculum. Post high school and High School and Beyond Plans are also addressed in this class. This class also provides assistance with class assignments, research, studying and projects.

## WORK BASED LEARNING

## Work Based Learning (Semester) <br> Grades 11-12 <br> Prereq: None <br> Credit: CTE Pass/Fail

The Work-Based Learning experience provides students with opportunities to gain exposure to an occupational area related to their interests and career goals. This experience helps students identify some of the needed skills, knowledge and preparation wanted by employers. Hours will include time both on and off campus. Record keeping will be required.

[^1]
[^0]:    *For individual students, $\mathbf{2}$ credits may be waived: A district must adopt a written policy to waive up to 2 credits of the 24 , based on the student's 'unusual circumstances.'

[^1]:    Vocational Training (semester)
    Grades 9-12
    Pre Req: IEP Goals in Functional Adaptive, Student must be assigned Credit: Elective
    Opportunities to learn skills for independent living such as riding the bus, basic cooking, making professional phone calls, money skills, budgeting and shopping are provided. As students progress they are given the opportunity to explore different jobs in which they may be interested. Within this exploration students will learn employability skills and narrow their field of interest. In the third year, students will work with Whatcom County DD and/or the Division of Vocational Rehabilitation to finalize their choice of job. They will also learn independent learning skills.

